



**Manchester Local
Care Organisation**
#WeAreCommunity

Our plan for commissioning health and social care services for adults with a learning disability 2023 to 2028





Introduction

Who we are

We are the Manchester Local Care Organisation.
This is the NHS and social care services working together to help people in Manchester enjoy better health and live longer.



What this plan is about

This plan tells you about how we will commission services for

- Adults with a learning disability
- Younger people in transition to become adults
- Carers who may be friends or family

Commissioning is when we make sure services are there for people. We may run services ourself, or pay for independent service providers to do it.

Independent service providers are organisations who give services, but are not the Council or NHS.



This plan runs from 2023 to 2028.



Better Community Services and Accommodation

1

What we will do

Look at how we contract with our supported accommodation providers and agree a new contract with them. These services are not delivered by Manchester Local Care Organisation.



Supported Accommodation - is where you live in your own home and there is help in the building if you need it. This might include someone helping you overnight.

A contract is an agreement on what will be done, how it will be done and how much will be paid for it.

Why we are doing this

To make sure there is good quality care and enough providers to give it now and in the future.

2024

When we will do this by

April 2024

2

What we will do

Look at ways of supporting people that do not mean they have to live in residential or nursing care homes.



Why we are doing this

To make sure there is good quality care and enough providers to give it.

2028

When we will do this by

December 2028.

3

What we will do

Look at the Supported Accommodation, Short Breaks and Day Services given by Manchester City Council and Manchester Local Care Organisation.



Why we are doing this

To make sure that the services the Council gives, is the right support to the right people.

To make sure services give good value for money.

2025

2028

When we will do this by

Review by April 2025.

Services changed by December 2028.

4

What we will do

Write a Housing Plan for adults with a learning disability.



Why we are doing this

To see how much housing we will need in the future.

Make sure people have a choice of housing to meet their needs.

Make things fit in with the Enabling Independence Accommodation Strategy.

This is a plan about housing, care and support in Manchester.

2023

2028

When we will do this by

Do the plan by December 2023.

Have different types of housing options available for people who need it by December 2028.

5

What we will do

Look at Day Services that are given by independent providers. Make sure this fits together with services that are given directly by the Council.

Why we are doing this

To make sure Day Services meets the needs of people now and in the future.
Make sure there are choices to help people be independent.

When we will do this by



Have looked at services by March 2023.
Have a new offer by April 2028.

6

What we will do

Look at transport.



Why we are doing this

To make sure there is the right sort of transport for people who need it, so they can get to where services are given.

When we will do this by



A new policy by April 2024.
We will have a gradually changing offer as we review Day Services over the next 5 years.



What we will do

Look at the Short Breaks service.
This is sometimes called Respite.

Why we are doing this

To make sure people and their family/carers can get planned short breaks when they need it, or if an emergency happens.



When we will do this by

April 2026.



Promoting Independence and Development



What we will do

Have strength-based assessments and reviews.



Strength-based means looking at what people can do and ways of helping them do things that make them more independent.

Why we are doing this

To support people to be more independent.
Look at ways such as new technology, that can help people become more independent.



When we will do this by

We will introduce new technology over the next 5 years.
It will be fully in place by December 2028.

2

What we will do

Have a good offer of work for adults with a learning disability.



How we will do this

Work with providers to get real work for more adults with a learning disability.



When we will do this by

December 2028.

We have a new offer from November 2022, and we want to work with everyone to make sure employment services are even better in the future.

3

What we will do

Look at some of the new services we are testing such as Outreach Provision.



How we will do this

Look at different services and ways of doing things that encourage people's independence.



When we will agree this by

Look at this by April 2026.

4

What we will do

Look at what is available in the community and voluntary sector such as peer support groups and befriending.



How we will do this

Look at how we can work better with the voluntary, community and charitable sectors.

Come up with new ways of encouraging independence and life opportunities.

When we will do this by

2025

2027

Working better by December 2025.

New offer by April 2027.



Improving Healthcare

What we will do

Start a new Manchester Health Oversight and Improvement Board.

- This will bring together all the people who are responsible for delivering good health and social care in Manchester.
- The Board will be like the Planning for People with a Learning Disability Board.
- The Board will share information about outcomes and work to break down barriers between different sorts of providers.

1

Why we are doing this

So health and social care services can carry on giving good quality services.

Make sure services are always getting better.

When we will do this by

2023

Set up the Board by January 2023.



Have subgroups set up by March 2023.

Have a plan agreed about how services will be made better by April 2023.

2

What we will do

Meet the NHS Priorities the Government have set.



These are the things the Government have said are some of the most important things that need to be done about health.

- Have less need for people to have to go into hospital for treatment with their mental health if their mental health goes down.
- Have better Annual Health Checks for people with a learning disability.
- Have better services in the community such as crisis support, so not as many people will need to go in hospital because of their mental health condition.
- Carry on with things such as stopping the over medication of people with a learning disability, autism, or both.
- Have shorter waiting times for diagnosing autism.
- Have better trained staff to support people with a learning disability.

Why we are doing this

To get better health for people with a learning disability.
So there is less health inequality.

There is evidence that shows that people with a learning disability have poorer physical health than people who do not.

When we will do this by



Date to be set by the Health Oversight and Improvement Board in 2023.



Continued Engagement, Consultation and Co-Production

What we will do

1

Carry on working with co-producing with people with a learning disability when we make changes to services.

Co-production is where the organisations that give services work with the people who use services to make sure services meet people's needs.

Why we are doing this

So people who use health and social care play a part in how those services work.



When we will do this by

Between now and December 2028.

Support for Carers



1

What we will do

- Look at what carers of people with a learning disability need now and in the future.
- Establish a template for effective carer support.

Why we are doing this

- To make sure services work together to give good quality support to carers.
- To ensure equal access to support across the City



When we will do this by

December 2026.



What we will do

Come up with standard a way of supporting carers that works.

Why we are doing this

To make sure people all over Manchester get an equal access to support.



When we will do this by

December 2026.



Information and Working Together



What we will do

Look at better ways of collecting information to make services better.

How we will do this

Look at the all information we collect about services and see how we can join it together to make services better.



When we will do this by

December 2026.

2

What we will do

Work with other councils and NHS organisations in Greater Manchester.

Why we are doing this

- To make sure we share information, learn from one another and see the best ways of doing things.
- Look at working together with other councils in Greater Manchester when it makes sense to.
- Do what we said was most important such as supporting people during the transition to adulthood and helping people have good health.



When we will do this by

From now until December 2028.



Next Steps

We will keep looking at this plan to make sure it is working. It will be checked every year by Manchester City Council and Manchester Local Care Organisation and our partners.